



## **Island Dreams Travel**

10245 Kempwood Dr, Ste E 119  
Houston, TX 77043-1803  
1-800-346-6116, toll free  
713-973-8585, facsimile  
info@divetrip.com



### **Dive Gear Equipment List**

- Certification card and log book
- Mask, snorkel, fins, booties
- Buoyancy compensator (BCD)
- Regulator w/pressure gauge and octopus
- Dive computer or deco tables and timer
- Wet suit and/or dive skin, hooded vest
- Dive light and back up light
- Compass (and the ability to use it)
- Small dive knife or line cutter
- Extra mask, fin strap, mask strap, etc.

### **Camera Gear Equipment List**

- Camera body and backup
- Housing and ports
- Lenses and gears
- O-ring lubricant
- Strobes and cords
- Strobe arms and tray
- Digital media cards
- Rechargeable batteries and charger
- All power supplies and power cords
- Laptop and/or supplemental hard drive
- Multi-plug power strip and plug adapters
- Tools, tiny screwdrivers, Allen wrenches

### **Clothing and Other Suggestions**

- Comfortable casual clothes
- Breathable cottons best for tropics
- Two or more bathing suits
- Beach towel, hand towel, handkerchief
- Good walking or jogging shoes
- Sandals, flip-flops, Tevas or Chacos
- Cotton pants or slacks (jeans too hot)
- Socks, underwear, shorts, and t-shirts
- Lightweight jacket or long-sleeved shirt
- Sun hat and u-v protection sunglasses
- Sun block (factor 15 protection or better)
- Insect repellent, such as Deep Woods Off
- Aspirin, decongestant, Swim Ear
- Lomotil, Bactrim, Malaria prophylaxis
- Airline tickets, Passport, additional Proof of citizenship, money in a variety of denominations
- Island Dreams strongly recommends purchase of travel insurance. Call us for an application.

Avoid missing a dive due to equipment malfunction. Check out your gear in advance. Have your scuba equipment, and camera gear, serviced periodically by a professional. If you are counting on rental gear, reserve it in advance, to be sure that what you need, and your size, will be available.

Bring extra glasses, contacts, and all medical supplies you might expect to require, ie. Aspirin, decongestant, "swim ear," motion sickness pills, etc. Bring prescription medications in their original containers. By all means do not carry any illegal "recreational drugs" with you when you travel.

Just in case, bring Pepto-Bismal (tablets or liquid) as a "tourista" preventative, and Lomotil or the equivalent to stem any symptoms. Consult with your physician regarding a broad-spectrum oral antibiotic such as Bactrim, Vibramycin, etc. to quickly stop intestinal dysentery. Have a great trip!